

GET **HEALTHY** IN 2015

**Breakfast
Reinvented**

▶ P. 52

**Vegetable
Stars**

▶ P. 66

**Juice
Nation**

▶ P. 74

**Dinner
Redefined**

▶ P. 86

**Raw
Bars**

▶ P. 76

**Sweet-ish
Desserts**

▶ P. 78

bon appétit

▶
**THE
TOAST
WITH THE
MOST**

P. 4

**JOIN OUR
FOOD
LOVER'S
CLEANSE
NOW!**

P. 38

JANUARY 2015

BONAPPETIT.COM

\$4.99US \$5.99FOR

01



0 754934 8

Muesli Toast with labneh, hazelnuts & honey

BA

Kitchen

> RECIPES, TIPS, AND MENU IDEAS FROM OUR EXPERTS

▼ WE'RE INTO ANCHOVIES

**fast,
easy,
fresh**

Confession: I used to be anchovy-averse. But once I discovered the versatility of those funky fillets, my pantry has never been without

them. They don't add fishiness, just a bright, briny umami that boosts everything from white bean stews to vinaigrettes. If you still need convincing, try the pasta on page 31. It'll make you regret all those anchovy-less years.

—ALISON ROMAN



✦
Themaiden
lane.com
stocks some
wonderful
anchovies.



TEXT AND RECIPES BY ALISON ROMAN
PHOTOGRAPH BY DANNY KIM